



TREE HOUSE RECOVERY[®]
California's Rehab for Men

GUIDE TO CHOOSING THE RIGHT REHAB

FIVE AREAS TO CONSIDER WHEN RESEARCHING TREATMENT CENTERS

When choosing a treatment center, it's important to research the many different options available to you. With a decision this important, it's essential to take your time in order to gather information and talk things over with family. Our experience has shown that focusing on certain areas can help differentiate between centers. To help with your research, we've compiled a list of five key areas to investigate before choosing a treatment center.

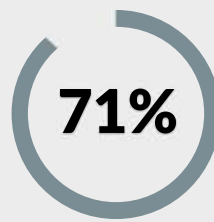


1. DEFINING SUCCESS

When speaking with treatment centers, inquire about their success rates. Choosing a center with a high success rate will give you the best chance of attaining long-term sobriety. Make sure to ask how they define success. Every man who comes through Tree House is part of our family. We conduct regular surveys to ensure the wellbeing of our clients and continue to improve our treatment. We look at more than the sober rate. Quality of life is just as important for us. We believe that the best way to maintain sobriety is to build a life that you love.



GRADUATE
Clients successfully graduate Tree House.



SOBER 1+ YRS
Graduates remain sober for at least 1 year.

98%
report the ability to address adverse emotions.

95%
remain close with teammates after graduation.

87%
maintain their Personal Fitness Plans long after.

Statistics based on 89.4% of graduates who participated in survey from 4/2013 - 4/2017

2. TESTIMONIALS WITH SUBSTANCE

A high star rating is important, but make sure to spend time reading the reviews. Look for descriptive reviews that explain why a rehab is good. If someone truly experiences life changing treatment, they will write more than “this place saved my life.” They will give you details.

To read our reviews, please use the links below to visit our profiles on:



3. EXPERIENCED TREATMENT TEAM

Life experience and healthy modeling are just as important as having the right credentials. Look for addiction therapists that live healthy lifestyles. It is one thing to teach something, but living it is what counts. Finding a rehab facility that is staffed by people experienced with sobriety who truly embody healthy living is essential.



JUSTIN MCMILLEN
FOUNDER/ CEO

Justin knows first hand what it takes to get sober and stay sober. Justin based the Tree House curriculum on his personal success in overcoming addiction.

[Learn More](#)



NEIL TRUSSO
PHYSICAL DIRECTOR

Drawing on his experience as a Navy SEAL, college athlete, sports coach, and father of two, Neil is an expert in teaching men to live healthy, happy lives.

[Learn More](#)

4. HUMAN CONNECTION

Human connection plays a crucial role in healing from an addictive lifestyle. Learning how to build and maintain healthy relationships is essential to any successful recovery. Effective treatment takes this into account and teaches clients how to be part of a healthy team.

Understanding and building healthy relationships is the bedrock of Tree House Recovery's approach to treatment.

[Learn More About Tree House Treatment](#)

5. THE IMPORTANCE OF TOP ACCREDITATION

Choosing a treatment center that you can trust is essential. The Joint Commission (JCAHO) is an independent accrediting body that makes finding a trustworthy rehab easier by objectively evaluating health care organizations. Only the top 13% of treatment centers receive JCAHO approval, making it the highest level of accreditation in the field.



Tree House Recovery has been JCAHO accredited since 2015.